



Toolkit for Divorcing with Dignity
Conversation Starters #10: Dividing Responsibility

Developing a plan and discussing in advance how responsibilities will be shared may reduce some stress and make the transition through divorce easier for you and your ex-partner. Take some time to reflect on the prompts below:

- 1) Who will oversee what tasks during the divorce? Will they be split equally?
- 2) What responsibilities do we share together?
- 3) How will taking on these responsibilities separately affect us?
- 4) In what ways can we maintain stability in our roles for our children?
- 5) When thinking about who will take on which task, take time to consider why this decision was made. See (REFLECTION ACTIVITY REFLECTING ON NEW RESPONSIBILITIES) for additional prompts.
- 6) Is there anything I know I would prefer not to handle?