



Toolkit for Divorcing with Dignity
Conversation Starters #14: Future Friendship

Your marital relationship is over, but what about the friendship you shared? It can be difficult for some people to determine what a healthy and appropriate friendship with their ex-partner will look like. When you and your partner have reached an amicable place, consider sitting down and discussing some of the prompts below. Feel free to create your own questions as well.

- 1) Do we have hopes of maintaining or starting a friendship?
- 2) How can we continue to cherish the past but celebrate the future?
- 3) What would be the benefits of having a friendship?
- 4) What would be possible obstacles we could face?
- 5) How would this friendship positively or negatively impact our children?
- 6) _____ ?
- 7) _____ ?